



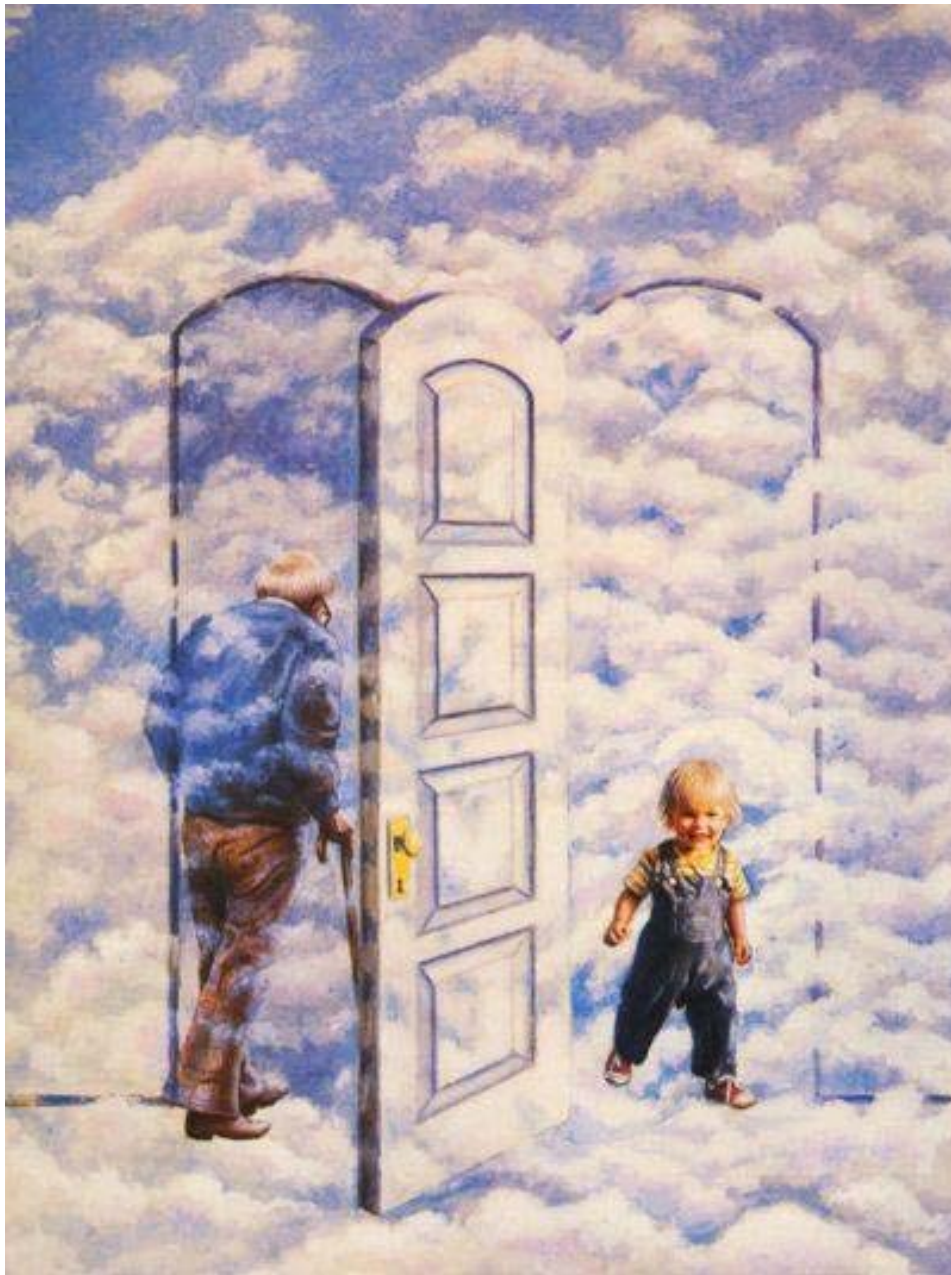
# FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF  
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

*Preserve, Protect & Promote*

April 2015

No 6 Issue 4



**Life is a game. A game consists of freedom, barriers and purposes.  
—SCIENTOLOGY: A NEW SLANT ON LIFE**

# FREE THETAN

## NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

*Preserve, Protect & Promote*

### FREE THETAN

Volume 6 Issue 4 April 2015

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Michael Moore

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Harry Seldon

And many others

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### Important Note

**In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.**

**The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.**

**Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follow. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.**

~oo00oo~

	<p>The Members Quarterly Journal of the</p>	
	<p>Association of professional Independent Scientist</p>	
	<p><i>Preserve, Protect &amp; Promote</i></p>	
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		<p>reservo, servo, proveho</p>

## ~ Editorial ~



reservo, servo, proveho

### Dear Reader,

Life is a game, as LRH said. The is then is what quality of game to play?  
One can play a lesser quality of game or a better quality of game.

One can play the game of drug dealer, or nurse or doctor, banker, call center operative, bridge builder, war monger, husband or wife, girl or boyfriend, mate or enemy. All are games. The game that enhances survival on all dynamics of course is the better quality game rather than the game that works to suppress survival on all dynamics.

*"The highest activity is playing a game. When one is high-toned, he knows that it is a game. As he falls away down the tone scale,\* he becomes less and less aware of the game.*

—SCIENTOLOGY: A NEW SLANT ON LIFE

Understanding, using and disseminating the Original Philosophy and Technology of Scientology is a better quality game than most. It enhances survival across the 8 dynamics and creates a better more theta environment for us all.

Something worth working on perhaps.

Until next time.

Much arc,

Michael Moore  
Editor

~oo00oo~

## *The Aims of Scientology and APIS*

*Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.*

*We therefore stated below:*

### **The Aims of APIS**

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

#### **As Ron says:**

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

## CERTIFIED AUDITORS & GROUPS

**This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.**

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

### Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.  
[standardtechauditor@yahoo.ca](mailto:standardtechauditor@yahoo.ca)

### USA

#### South East

Karen de la Carriere. Class XII LRH Trained Class XII C/S

Delivers: L's, NOTs, and entire Bridge

[Karendelac@gmail.com](mailto:Karendelac@gmail.com)

Southern Cal tech Team

#### Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels

[scttservices@gmail.com](mailto:scttservices@gmail.com)

#### Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, NOTs, Ls

[Trey Lotztrey@relaypoint.net](mailto:TreyLotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

[info@adcian@yahoo.com](mailto:info@adcian@yahoo.com)

Ingrid Smith

From Life repair to OT4

[ingridsmith123@yahoo.com](mailto:ingridsmith123@yahoo.com)

Silvia Llorens

All Standard Bridge

[sllorens71@gmail.com](mailto:sllorens71@gmail.com)

### Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

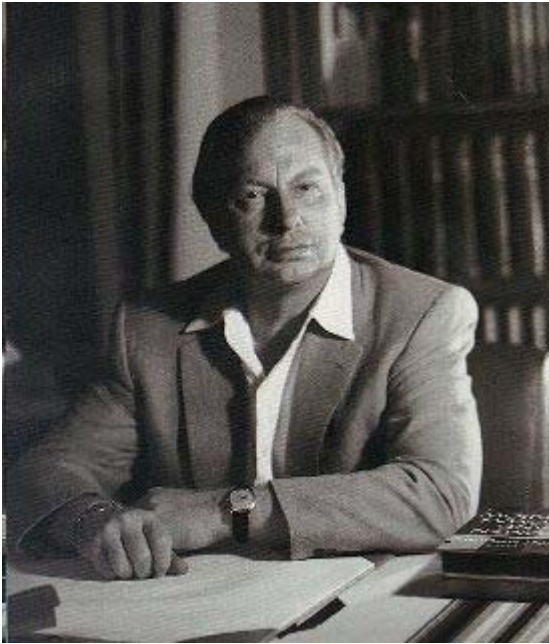
Delivers: Internships, apprenticeships and Okay-to-Audits Class V

[Ken Urquharturq@verizon.net](mailto:KenUrquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~





## TWO RULES FOR HAPPY LIVING

**Be able to experience anything.**

**Cause only those things which others can experience easily.**

Man has had many golden rules. The Buddhist rule of “Do unto others as you would have these others do unto you” has been repeated often in other religions. But such golden rules, while they served to advance man above the animal, resulted in no sure sanity, success, or happiness. Such a golden rule gives only the cause point or at best, the reflexive effect point.

This is a self-done-to-self thing, and tends to put all on obsessive cause. It gives no thought to what one does about the things done to one by others not so indoctrinated.

How does one handle the evil things done to him? It is not told in the Buddhist rule. Many random answers resulted. Amongst them are

the answers of Christian Science (effects on self don't exist), the answers of early Christians (become a martyr), the answers of Christian ministers (condemn all sin). Such answers to effects created on one bring about a somewhat less than sane state of mind—to say nothing of unhappiness.

After one's house has burned down and the family cremated, it is no great consolation to (1) pretend it didn't happen, (2) liken oneself to Job, or (3) condemn all arsonists. So long as one fears or suffers from the effect of violence, one will have violence against him. When one can experience exactly what is being done to one, ah, magic—it does not happen!

How to be happy in this universe is a problem few prophets or sages have dared to contemplate directly. We find them “handling” the problem of happiness by assuring us that man is doomed to suffering. They seek not to tell us how to be happy, but how to endure being unhappy. Such casual assumption of the impossibility of happiness has led us to ignore any real examination of ways to be happy. Thus, we have floundered forward toward a negative goal—get rid of all the unhappiness on Earth and one would have a livable Earth. If one seeks to get rid of something continually, one admits continually that he cannot confront it—and thus everyone went down hill. Life became a dwindling spiral of more things we could not confront. And thus, we went toward blindness and unhappiness.

To be happy, one must be able to confront, which is to say, experience, those things that are.

Unhappiness is only this: the inability to confront that which is.

Hence, ( 1 ) Be able to experience anything.

The effect side of life deserves great consideration. The self-caused side also deserves examination.

To create only those effects which others could easily experience gives us a clean new rule of living. For, if one does this, then what might he do that he must withhold from others? There is no reason to withhold his own actions or regret them (same thing), if one's own actions are easily experienced by others.

This is a sweeping test (and definition) of good conduct—to do only those things which others can experience.

If you examine your life, you will find you are bothered only by those actions a person did which others were not able to receive. Hence, a person's life can become a hodgepodge of violence withheld, which pulls in, then, the violence others caused.

The more actions a person emanated which could not be experienced by others, the worse a person's life became. Recognizing that he was bad cause or that there were too many bad causes already, a person ceased causing things—an unhappy state of being. Pain, misemotion, unconsciousness, insanity, all result from causing things others could not experience easily. The reach-withhold phenomenon is the basis of all these things. When one sought to reach in such a way as to make it impossible for another to experience, one did not reach, then, did he? To “reach” with a gun against a person who is unwilling to be shot is

not to reach the person, but a protest. All bad reaches never reached. So there was no communication, and the end result was a withhold by the person reaching. This reach-withhold became at last an inability to reach—therefore, low communication, low reality, lover affinity.


Communication is time environment or situation.

One means of reaching others. So, if one is unable to reach, one's ability to communicate will be low; and one's reality will be low, because if one is unable to communicate, he won't really get to know about others; and with knowing little or nothing about others, one doesn't have any feeling about them either, thus one's affinity will be low. Affinity, reality and communication work together; and if one of these three is high, the other two will be also; but if one is low, so will the others be low.

All bad acts, then, are those acts which cannot be easily experienced at the target end. On this definition, let us review our own “bad acts”.

Which ones were bad? Only those that could not be easily experienced by another were bad. Thus, which of society's favorite bad acts are bad? Acts of real violence resulting in pain, unconsciousness, insanity and heavy loss could, at this time, be considered bad. Well, what other acts of yours do you consider “bad”?

The things which you have done which you could not easily, yourself, experience, were bad. But the things which you have done which you, yourself, could have experienced,

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had they been done to you, were not bad. That certainly changes one's view of things!

Your reaction to these tells you how far you have yet to go.

There is no need to lead a violent life just to prove one can experience. The idea is not to prove one can experience, but to regain the ability to experience.

And if you achieve these two golden rules, you would be one of the happiest and most successful people in this universe, for who could rule you with evil?

Thus, today, we have two golden rules for happiness: L. Ron Hubbard

~oo0oo~

**Be able to experience anything, and**

**Cause only those things which others are able to experience easily.**



*Freedom*

Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedom amongst the barriers. If the barriers are known and the freedom are known, there can be life, living, happiness, a game.

—SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

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"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE"

SCIENTOLOGY 8-8008  
Lafayette Ron Hubbard

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# Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.



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## THIRD DYNAMIC TECH

The material contained in HCO BULLETINS applies to the FIRST DYNAMIC -self, the individual.

The data, material and procedures contained in POLICY LETTERS apply to the THIRD DYNAMIC-the dynamic of groups,

In applying HCOBs as in auditing a preclear, you see that following a certain procedure results in the remedy of a certain personal situation.

In applying HCO Policy Letters, you see that by following or continuing certain Third Dynamic procedures you remedy, handle or continue certain situations which relate to groups. In both cases, SURVIVAL is the keynote of the end result.

HCOB auditing tech increases the survival of the individual as an individual.

HCO Pol Letter Third Dynamic Tech increases the survival of the group.

Man has always had a certain amount of know-how in both individual and group matters of survival but he has never had any high level of

result.

It is easy to see auditing improve the individual when it is exactly and expertly applied. Similarly one can see Third Dynamic Tech improve the group and its survival potential. Just as there is "squirrel" auditing (alter-ised and unworkable) so there can be "squirrel" Third Dynamic Tech.

An executive who has no familiarity with HCO Pol Letters can make an awful lot of mistakes. It is an easy pretence that First Dynamic Tech existed. But no one got any better when Man knew no more than the mumbo-jumbo he had before 1950. Since then real results occur. But they only occur when the actual tech of Dianetics and Scientology is correctly applied.

The same situation existed in the field of the Third Dynamic. The pretence was that "business" tech was successful, to name one. But 17 out of 19 businesses fail every year and the whole of the business world is under threat from the ideology of communism. Strikes, legislation, banking and other catastrophes daily remain unhandled by "business tech." So there's only pretence that "business tech" applies to groups successfully. It is at best a dying technology. The failure is that previous Third Dynamic Tech did not seek out and learn the basic laws on which it must have existed.

You have seen the First Dynamic Tech of auditing develop over the decades to a highly precise and very workable body of knowledge. The current search began in about 1931. By 1970 it was in full practice over the world. The need of organizations to serve the First Dynamic Tech beginning in 1949 forced further and further into view the absence of Third Dynamic Tech and its vital need.

L. Ron Hubbard

~oo00oo~

## A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

### Exercises One, Two and Three

#### Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

#### Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

#### Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo00oo~



# THE BRIDGE TO TOTAL FREEDOM

## SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATES

### TRAINING

**Additional training services that may be done at various points on the Bridge\***

**Third and Fourth Dynamic Training Courses**

**OT\* Hottling Courses**

**Technical Specialist Courses**

**Case Supervisor Training**

**Other Technical Courses**

**Scientology Minister Course**

**Primary Rerun**

**Hubbard Life Orientation Course**

**Hubbard Key to Life Course**

### TRAINING

Author's Class	Course	Prerequisites	Notes	When Taken	Cost	Exam
Class XII Auditor	Class XII Auditor	Class XI Auditor	...	...	...	...
Class XI Auditor	Class XI Auditor	Class X Auditor	...	...	...	...
Class X Auditor	Class X Auditor	Class IX Auditor	...	...	...	...
Class IX Auditor	Class IX Auditor	Class VIII Auditor	...	...	...	...
Class VIII Auditor	Class VIII Auditor	Class VII Auditor	...	...	...	...
Class VII Auditor	Class VII Auditor	Class VI Auditor	...	...	...	...
Class VI Auditor	Class VI Auditor	Class V Auditor	...	...	...	...
Class V Auditor	Class V Auditor	Class IV Auditor	...	...	...	...
Class IV Auditor	Class IV Auditor	Class III Auditor	...	...	...	...
Class III Auditor	Class III Auditor	Class II Auditor	...	...	...	...
Class II Auditor	Class II Auditor	Class I Auditor	...	...	...	...
Class I Auditor	Class I Auditor	Class 0 Auditor	...	...	...	...
Class 0 Auditor	Class 0 Auditor	Not Classed	...	...	...	...

### PROCESSING

**Additional processing services that may be done at various points on the Bridge**

**L12\*, Flag OT Executive Rerun\***

**L11\*, New Life Rerun\***

**L10\* Rerun**

**Super Power\***

**Cause Reurgence Rerun**

**Flag\* Only Reruns**

**Special Reruns and Actions**

**False Purpose Rerun\***

**Confessionals**

**Happiness Rerun\***

**FTS Rerun**

**Method One\* Word Clearing**

**Therapeutic TR Course**

**Co-audit Courses**

21 Source

20 Evidence

19 Coherence

18 Realization

18 Conversion

18 Purpose

15 Ability

14 Conviction

13 Result

12 Production

11 Activity

10 Prediction

9 Body

8 Adjustment

7 Energy

6 Enlightenment

5 Understandings

4 Clarity

3 Progress

2 Communications

1 Recognition

Total Freedom

Power of Dynamics

21 Source

20 Evidence

19 Coherence

18 Realization

18 Conversion

18 Purpose

15 Ability

14 Conviction

13 Result

12 Production

11 Activity

10 Prediction

9 Body

8 Adjustment

7 Energy

6 Enlightenment

5 Understandings

4 Clarity

3 Progress

2 Communications

1 Recognition

4 Demand for Improvement

3 Demand for Improvement

2 Demand for Improvement

1 Demand for Improvement

4 Demand for Change

3 Demand for Change

2 Demand for Change

1 Demand for Change

### DIANETICS AND SCIENTOLOGY

**Success Through Communication Route**

**Life Improvement Course Route**

**Personal Efficiency Route**

**Scientology Introductory Auditing Route**

### INTRODUCTORY SERVICES

**Question\* (Book One)\* Route**

**Analysis of the Human Mind**

**Purification Route**

**The Way to Happiness**

**Hubbard Key to Life Course**

**Definitions**

**PROBLEM** is a person who has the right to Scientology. Problem is a person who has the right to Scientology. Problem is a person who has the right to Scientology.

### How to Use This Chart

The chart is an aid to help you understand the various levels and courses available to you. It is not a list of requirements, but a guide to help you understand the various levels and courses available to you.



## EXCHANGE

So many tricks have been entered into economic systems, and so many political fixations exist that a manager is often very hard-pressed trying to bring about solvency for his activity.

Money can be manipulated in a thousand different ways.

There are "speculators" who seek to buy something (like land) cheaply and sell it dear. Or sell it dear, depress the market and buy it back cheaply. In either case they make a profit.

It is less well understood that "speculators" also operate on the subject of money itself. By manipulating the value of one currency against another they seek to obtain a profit. This is the "international banker" at his daily work. He buys a hundred billion French francs for X dollars. Then he causes a panic about dollars. The franc gets very valuable. He sells his hundred billion French francs for 2X dollars. Then he says dollars are great. He has "made" a huge new lot of dollars for himself.

Or he finds a crummy politician like Hitler, builds him a war machine, gets paid back out of the plunder of Europe before Hitler collapses.

The banker loans George Manager 100,000 to modernize his plant. George wanted 200,000. But he takes the 100,000. The banker holds the whole plant as security. George doesn't make it as it really took 200,000 to do it. He goes broke. The banker grabs the 5,000,000 plant. This includes the 100,000 now spent on new machines. The banker sells it to a pal for 2,500,000 and makes that sum on his "loan."

The shareholders of Bide-a-wee Biscuit are told Bide-a-wee is busted. The stock falls. A group buys the stock up for peanuts, emerges as the owners of Bide-a-wee which turns out not to be busted.

All these and a thousand thousand other systems for making money, indulged in too often, spoil CONFIDENCE and destroy money.

Eventually a whole religion like communism will grow up dedicated only to the destruction of capitalism.

What has been dropped out is the idea of EXCHANGE.

Money has to represent something because it is not anything in itself but an idea backed by confidence. It can represent gold or beans or hours of work or most anything as long as the thing it represents is real. Whatever it represents, the item must be exchangeable.

If money represents gold, then gold must be exchangeable. To prove this, the moment gold couldn't be individually owned, the dollar, based on it, became much less valuable. Here has to be enough of the thing that money represents. By making the thing scarce, money can be manipulated and prices sent soaring. Economics by reason of various manipulations can be made into the most effective trap of the modern slave master.



Periodically through history, not just in current times, moneyed classes or those believed to control money have been torn to bits, shot, stoned, burned and smashed. The ancient pharaohs of Egypt periodically lost their country through tax abuses. Money, in short, is a passionate subject.

Modernly, the lid is coming off the economic pot which is at a high boil. Too many speculators, too many dishonest men generating too much hate, too many tax abuses, too many propagandists shouting down money, too many fools, all add up to an explosive economic atmosphere.

A group has to be very clever to survive such a period. Their economic arrangements and policies must be fantastically wise, well established and followed.

As it exists at this writing, the only real crime in the West is for a group to be without money.

That finishes it. But with enough money it can defend itself and expand. Yet if you borrow money you become the property of bankers. If you make money you become the target of tax collectors.

But if you don't have it, the group dies under the hammer of bankruptcy and worse.

So we always make it the first condition of a group to make its own way and be prosperous on its own efforts.

The key to such prosperity is exchange.

One exchanges something valuable for something valuable.

Processing and training are valuable. Done well, they are priceless.

In many ways an exchange can occur. Currently it is done with money.

In our case processing and training are the substances we exchange for the materials of survival.

To exchange something, one must find or create a demand, he must then supply the demand in EXCHANGE for the things the group needs. If that is understood, then at once it is seen that (a) a group can't just process or train its own members; and (b) a group cannot give its services away for nothing; and (c) the services must be valuable to those receiving them; (d) that the demand must be established by surveys and created on the basis of what is found; and (e) that continual public contact must be maintained.

Thus, by bringing the problems of viability down to the rock-bottom basics of exchange, one can cut through all the fog about economics and money and be practical and effective.

If one is living in a money economy, then bills are solved by having far more than "enough money" and not spending it foolishly. One gets far more than "enough money" by understanding the principles of EXCHANGE and apply-

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ing them.

In another type of economy such as a socialist state, the principles still work.

The principles of exchange work continuously. It does not go high and collapse as in speculation or demanding money but failing to deliver. Or delivering and not demanding money.

We see around us examples that seem to violate these principles. But they are nervous and temporary.

What people or governments regard as a valuable service is sometimes incredible and what they will overlook as valuable is also incredible. This is why one has to use surveys-to find out what people want that you can deliver. Unless this is established, then you find yourself in an exchange blockage. You can guess, but until you actually find out, you can do very

little about it.

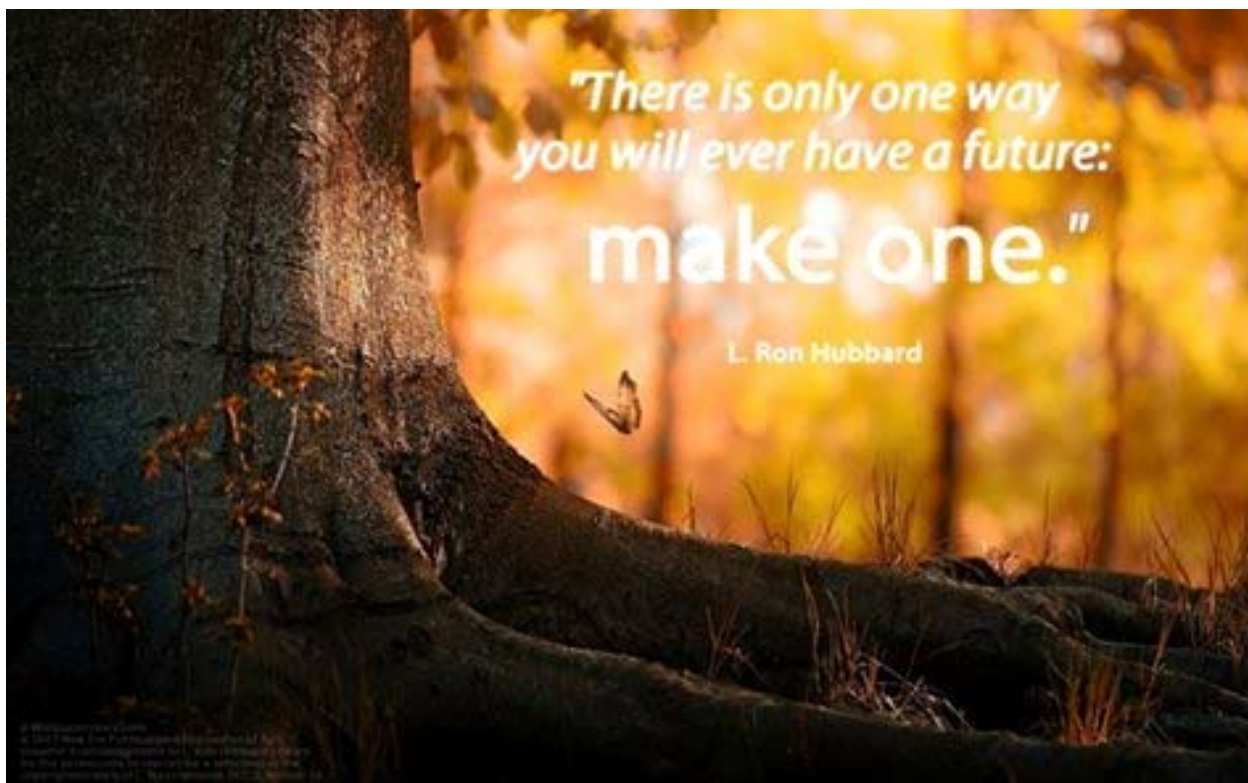
Once you discover what people want that you can deliver, you can go about increasing the demand or widening it or making it more valuable, using standard public relations, advertising and merchandizing techniques.

The fundamental is to realize that EXCHANGE is the basic problem.

Then and only then can one go about solving it.

Quote from the Management Series.  
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~oo00oo~



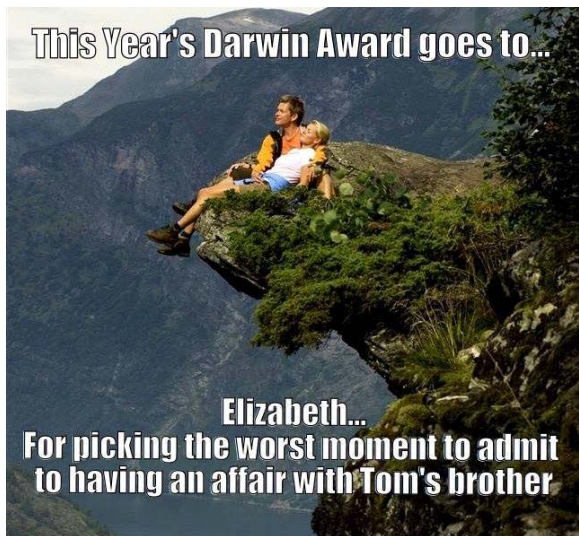
**Break for Humor, or Humour, or funny things or time to relax ... and so forth....**



**A REAL Acknowledgement**

'You have to be odd to be number one'

— Dr. Seuss



I have a bumper sticker that says:

**“HONK IF YOU THINK I'M SEXY.”**

Then I just wait at *GREEN LIGHTS* until I feel better about myself.







## *Wins & Gains in the Independent Zone*

*What I have learned is that cases do not progress beyond their Scientology education level. A case hangs right at the point to which it has been educated in Scientology. Processing gains are parallel to education gains and the two balance.*

*Rons Journal Dec AD 13*

### **Life Repair**

The auditing has been really great! It has given rise to a number of positive effects.....I experience myself becoming lighter - (less fixed, less serious, more "happy"). This results in more spontaneous communication, more speed, and better thinking!

For instance, becoming aware of my own patterns helps me to recognize them, and to more easily "as is" the hold of the pattern. My relationship is becoming better, and by improving my intention, I am more focused on making it a marriage.

After each session, my energy increases and I come home and bound into some work, e.g. cleaning cars, gardening -- usually of a physical and extroverted nature. It's also nice to have the "hope" that this wonderful technology offers. The hope of a better and brighter future. The hope of shifting the immovable.

While I soon forget the ground covered, and the cognitions gained – it is restoring energy, it is anti-aging, and it is of deep personal value.

### **Communications**

I feel like I can communicate to anyone!

I really re-established some of my abilities during this grade like; interested in others, and a general fondness of life! Listening to some of the LRH tapes really gave me the tools to think with, while being audited, and I really enjoyed it!

### **Problems**

This is some grade!

There are so many things that I would like to share that it would take all evening just to get my thoughts together. But it boils down to the ability to confront. And what I mean by that, is looking at what really is. Not just the surface, but the origin. the source. Looking at the proper sequence that would change the condition to a more desired state. In auditing, I find myself completing my cycles of action. And viewing the sequence that needs to take place, so that I may be responsible. this has been the reason why it works for me. I mean I get so many cogs in and out of session, it goes beyond salvation!

Completing my ARC Straightwire has been so much fun. I had so many moments that I could feel myself gaining so many better and better

methods concerning communication. It was just flowing inside of me. Les has made this into the positive experience that going up the bridge is all about.

#### Auditing

This would be the easiest Success Story to write. I guess one could summarize it in one or two words but that is not the case. The emotions, feelings and things I experienced while making my way to where I stand are far too simple to boil down to a few words, but making a short story about my climb to NED Case Completion would give one the idea that it was tough. All of it was and IS fun. It was fun to climb it - it is fun to BE here.

Nothing in the world can be a big enough stop to prevent a being from making it UP the Bridge and feeling like oneself - being happy, clean, honest, uptone, refreshed, awake, aware, willing and able.

All the above were either gained or increased by all of the NED rundowns. Thanks to LRH and to my auditor John. Thank You!

#### Auditing

Today, after processing I no longer feel restrained and my willingness to say whatever I want increase to the max. I don't have the doubts any more. This is very nice and something I want for many time. I think I finally have it! Too, I feel more calm when talking, I perceive my voice more softly and without doing an effort.

I feel the exact release point which is the best I've experimented [experienced] in a damn long, long time but I feel calm, I'm very glad and happy! Thanks to my C/S who does a wonderful job, to my friend and auditor Ken for being the best and precise auditor, and to LRH for this wonderful treasure.

#### Auditing

FINALLY I completed this step after many years of stops and not moving at all on the

bridge but in fact getting worse. I'm confident of this step because I can completely focus my attention on whatever I want very easily without problem. I feel all these processes were wonderful. They got rid of a very particular behavior of mine: I used to get bored of focusing my attention on something, just this will fix many things but more importantly, I'll complete my action cycles very easily by having my full attention if I want.

I really want to thank Ken for delivering me those processes very nicely that I felt fun and I truly believe he is the best auditor. Thanks, Ken! To LRH for discovering this processes and for developing the Tech so I can be better.

#### Auditing

"I feel so at peace after our session. I'm home and going to take a nap. It's crazy to me that emotional stress can be so draining. I can see why it is important to get a good nights sleep and have food or you may not be able to complete a session without total exhaustion. After I go through my sessions I would love to learn how to audit so I, too, could bring this peace to people. I'm so looking forward to our next session and again thank you for your time today. Love, LV"

#### Auditing

I have tried counseling for many years and nothing seemed to work. Each session brought up all the yucky feelings and emotions and when the hour was up I still didn't have anything resolved. I would end up actually leaving the counseling sessions feeling worse than when I walked in. With auditing there is no timer that tells you when you time is up. The end of session is when you are relaxed and feeling good, not in the middle of an important issue. It's a good feeling to know you are more than an hour slot. When I am done with auditing I feel better than when the session started each and every time.



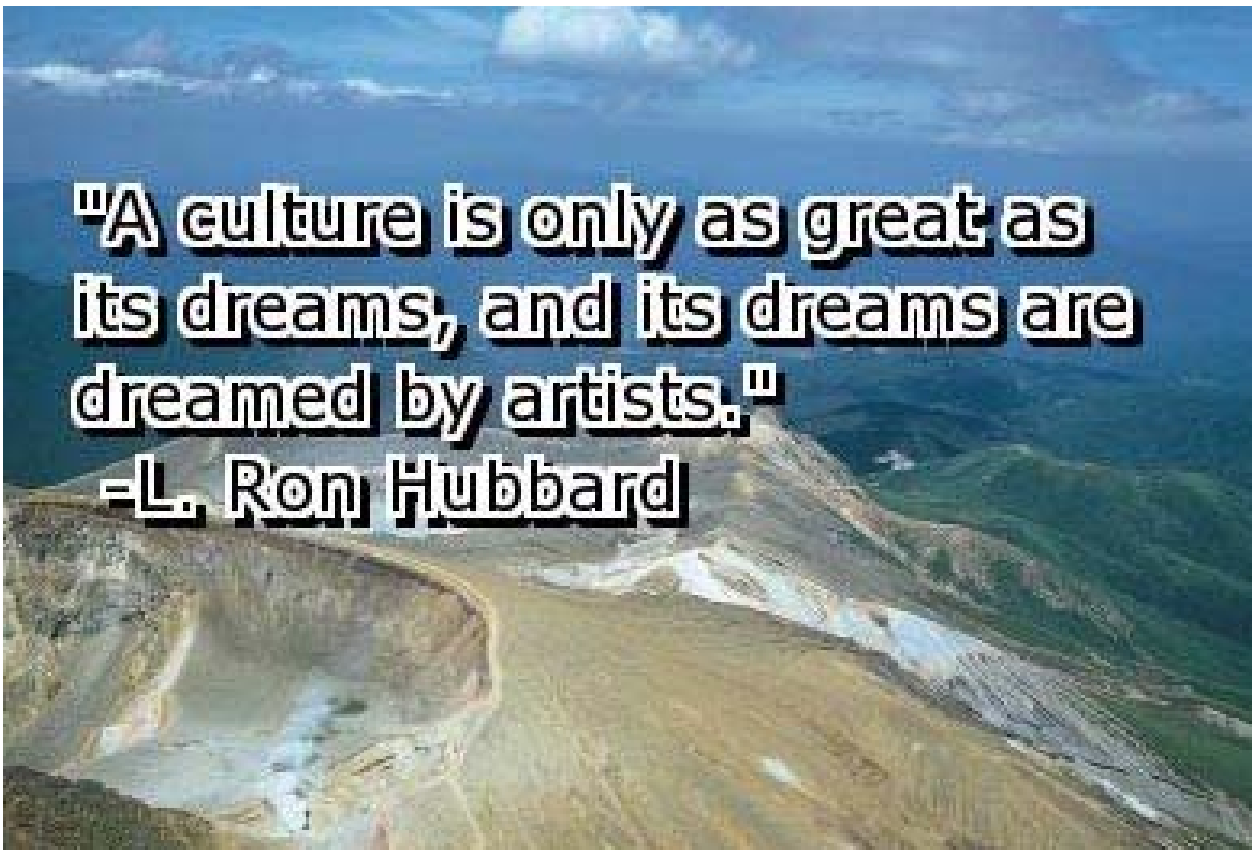
In all my life I have a quick tendency of feeling sad, until now. I feel free from sad emotions, as something big that I was carrying gets apart from me. Simply, it was a huge discharge, very huge for me!

I feel very calm and happier but now I feel that I can easily experience other emotions that are not just a tendency to be sad.

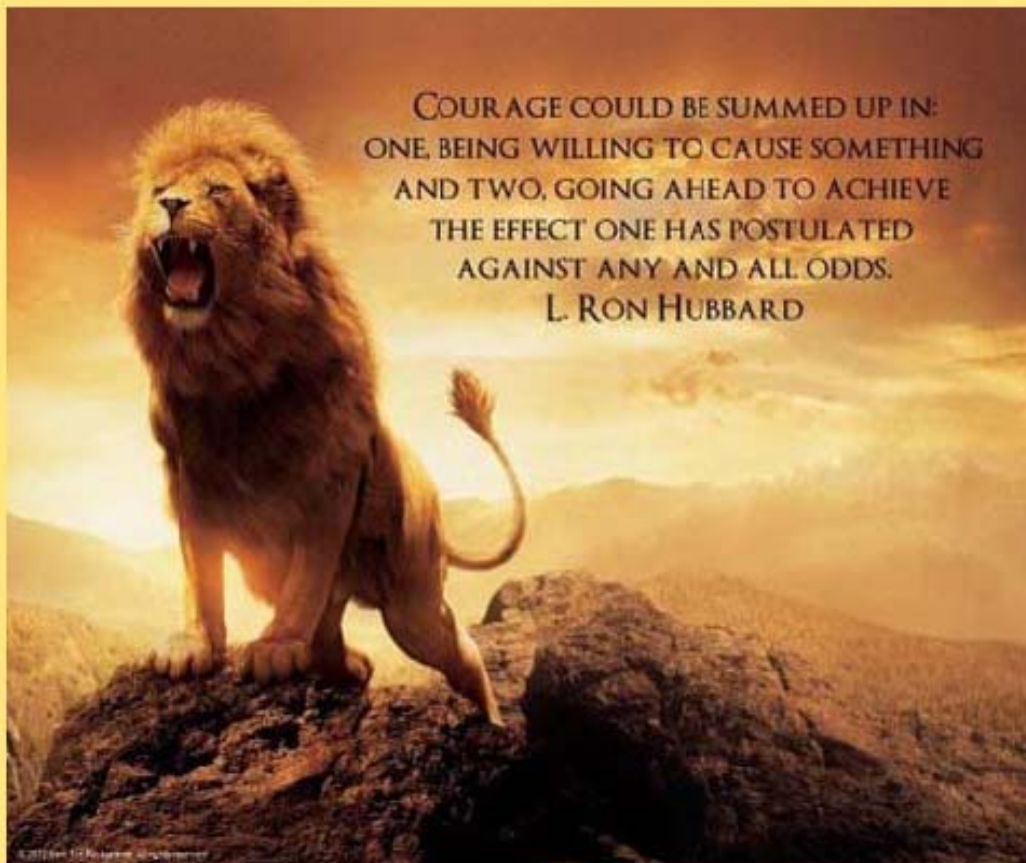
The auditing was amazing. I didn't notice at all any effort on my part or in my auditor's part, very soft and flawlessly. Besides all this huge

win now I realize that winning is possible at all. I have more confidence that I can be better and I now believe that winning outside the c of s is the best course of action. Thank you, Ken, for these formidable sessions and to LRH for the path.

~oo00oo~



# Group Starter Kit for Scientologists



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## Expanded Know to Mystery Scale

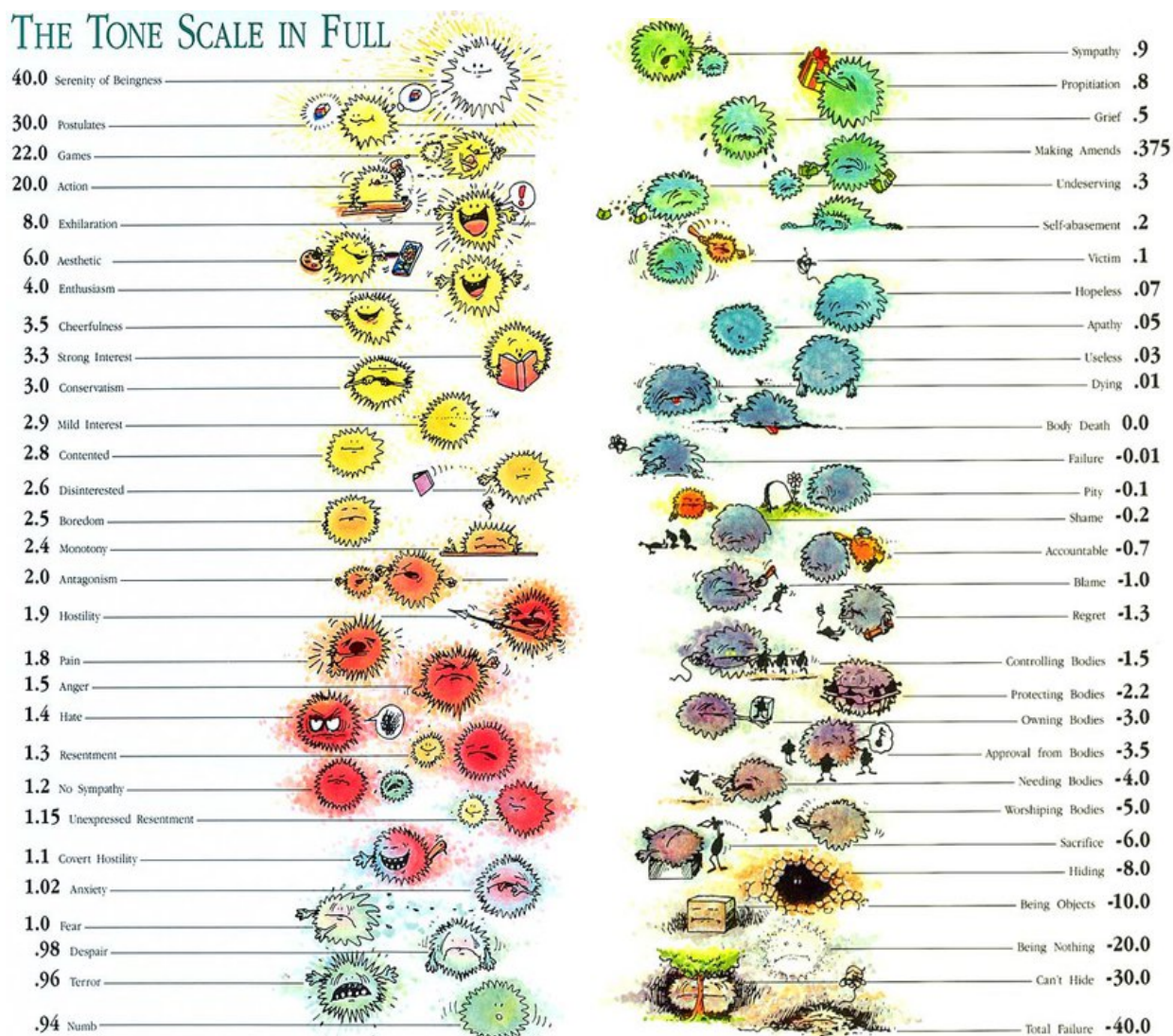
But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State**  
**Not Know**  
**Know About**  
**Look**  
**Emotion**  
**Effort**  
**Think**  
**Symbols**  
**Eat**  
**Sex**  
**Mystery**  
**Wait**  
**Unconscious**

# The Tone Scale in Full



## The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics



## Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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*Wife of L. Ron Hubbard*

*Remembered with Respect and Honor*



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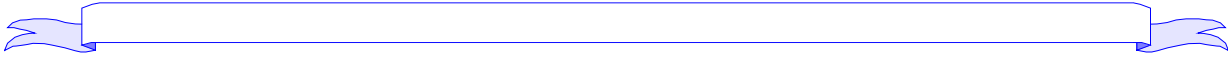
"The first 27 booklets parallel the 27 lectures of the Hubbard College Lecture Series given in Wichita in March 1952."

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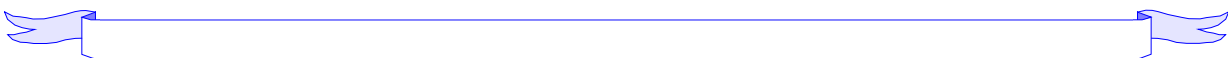
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**Quote from  
L. Ron Hubbard**

No man is happy without a goal, and no man can be happy without faith in his own ability to reach that goal.



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